

SELF LEADERSHIP FOR YOUTH

Introduction

Most of us undertake self-development efforts within a paradigm of improvement. We try to improve ourselves with an assumption that something is not okay with some aspect of ourselves and try to fix it, just like we fix our car which is not running. This paradigm doesn't yield significant results. There could be a temporary change at the most.

Paradigm of Transformation involves looking at ourselves as whole, complete, and perfect. But most of us are conditioned to reject the idea that we are already perfect. The fact is we are already perfect but there are some blocks to the fullest expression of our wholeness. These blocks are in the mind and sap our creative energy and make us falsely believe that we are limited beings who need to be fixed.

With effective coaching if we can distinguish and remove these blocks, tremendous creative energy would be released and our world view shifts leading to unbelievable changes not only in the area we are concerned with but also in all other areas.

Objectives

- Create impossible is possible mindset
- Managing thoughts and feelings as a strategy of creating breakthrough results
- Give an access to experiencing oneself as a powerful, positive and extraordinary being
- Appreciate and accept oneself at a deeper level
- Understand that subconscious programming as a key to living life by choice.
- Commit to living life by choice instead of living life on auto pilot.

About Ipower Celebrate Life

ipower Celebrate Life is a personal transformation company established in 2001.

ipower is a company of practitioners. We started off as sincere students. We have tried and practiced many techniques and stumbled upon the deeper inner realms of unlimited power, strength and joy. This realization enhanced our ability to create extraordinary results. It has also helped us to lead happy and uncompromising lives true to our heart's desire. This joyful state of being prodded us to share some of our workable paradigms with others.

As practitioner coaches we have started sharing our experiences with small gatherings of people. We come from the paradigm of deep respect and strong appreciation for the inherent greatness of human beings. Our simple and humble approach is to stand by people with unconditional love as they are struggling to reverse their years of past conditioning and unburden themselves.

Over a decade of our existence, we have coached over twenty thousand people and helped them to discover their inner world. This helped them to creating extra ordinary results in all areas of their

lives. Our technology has made an enormous difference to them and enriched their lives greatly. Many of them have discovered to their delight that nothing is impossible when they come from the inside out paradigm and change their feelings and thinking.

Our Vision:

To create one lakh Celebrating families through training Women and Youth

Our Mission

To create authentic leaders who have pure hearts and positive minds. These leaders are emotionally intelligent and live by inside out paradigm. At deeper level they accept and unconditionally love themselves.

We are, in short, offering the revolutionary fruit of years of labour and self-discovery so that we can help build a nation of leaders. After considerable success in our real time courses, we wish to reach out and touch One Lakh Families.

This would be accomplished by creating ipower coach network and ipower centers all over the country. We will also use the technology to reach as many people as possible.

Our Values

- Passion for making a difference
- Unconditional love
- Forgiveness
- Respect
- Living in the moment
- Celebration of life

Our Coach

Sista Murty, Founder and Chief Coach of ipowercelebratelife.com

Sista Srinivasa Murty is a professional life coach and trainer with two decades of experience. He has in his kitty, some scientifically developed and thoroughly perfected self-development tools that are proven through practice.

With deep mastery over individual transformation, Sista has many success stories where he helped many to get started in life, get ahead of the race and keep going even when the going gets tough.

Clarity, compassion and confidentiality with his clients make him a much sought after mentor and a personal guru of many. His book Celebrate Being a Woman has been a life changer for many women.

Sista is a graduate in engineering from SVNIT, Surat and has an MBA from Sri Sathya Sai Institute of Higher Learning. He was a founder faculty of management at Amrita Viswavidyapeetham and later found an experimental B-school for the social upliftment of rural masses in Coimbatore. He was on the management of several companies before dedicating himself to fulltime study and practice of

psychological transformation tools that unleash inner potential and develop it into extraordinary performance. His group training programs transformed thousands of youth from colleges and corporates in various states. Several top executives and organizational leaders benefitted personally from his consultations. Presently, he is focusing on Conducting 'CELEBRATE LIFE', 'CELEBRATE BEING A WOMAN' and 'SELF LEADERSHIP FOR YOUTH' programs across the country.

Coached and Trained Individuals from:

Canara Bank, HDFC Bank, Axis Bank, Indusind Bank, Citi Bank, Standard Chartered Bank, SBI, Infosys, TCS, Wipro, Cognizant, IBM, SAP Labs, iflex, Polaris, Phillips, Intel, Microsoft, HP, Dell, Tech Mahindra, Oracle, CSC, Deloitte, EDS, App Labs, Easy Design Systems, Texas Instruments, Scope International, Virtusa, Kyocera, Intergraph, Colgate, P&G, ITC, Airtel, Tata Docomo, Reliance Communications, Spice Telecom, Nokia, Foxcon, Hyundai, Mother'son Sumi, GVK EMRI, Bhilai Steel Plant, Essar Steels, Pulse Pharmaceuticals, Reddy Labs, Natco, SKN Organics, Vivo Life Sciences, Naukri.com, Future Generali Insurance, ICICI Prudential Insurance

Testimonials

I was just a normal student with average scores. I used to underestimate myself, till I met Sista Murty sir. Now after attending ipower programs I came to know what I am capable to do. I really came to know what true success is. I have transformed myself in to a blissful person.

Tejaswi Varma , TCS, Bangalore

After attending this class I feel very relaxed. The real time examples which SISTA MURTY gave were noteworthy. What I understood from the program was we should never change ourselves for the sake of others like. When I attended ipower program I was about to enter into my college life and whatever he told was very useful to me in my college. All the exercises were self-revealing.

Dr.T.Sai Santhoshini, MBBS and PG Student

We all dream of a teacher who can make learning fun. Mr. Sista Murty fits this description perfectly. I've been a part of his sessions in two roles; as a participant and as a volunteer. My experience in these associations has been exhilarating. His sessions are a stimulating mix of activities and talks.

I had my first brush with his sessions as a 3-day old engineering student. His sessions acted as an ice-breaker among my classmates and laid a solid foundation for many wonderful friendships that were yet to happen. His sessions definitely helped boost my self-confidence and enhance my ability to introspect.

As a volunteer I assisted him conduct 10 sessions in a 3-day span and never was I bored. You can imagine how engrossing his sessions are. I've seen firsthand how students transformed in a mere 90-min session of his. Magic in his words? I don't know; experience it for yourself!

Aishwarya Pothula, Machine Learning Engineer at Caravel.AI, USA

When we joined in our PG, Sista Murty entered into our lives as a Coach. He used to visit us once in every 4 months for 3 days. His training can be helpful to a person to stimulate himself on rectifying the draw backs and lagging in his personality which leads to the success in his life. MURTY's training builds self-confidence, releases stress, improving leadership qualities. He motivates us to identify the talents in us and we can polish them to be succeeded.

From his workshops I understood that the quality you are not willing to in another person, you yourself have that quality internally. Yes it is true. I have faced many situations like this. Once we come to know that the quality, which is being hated by you is in you, either you would change yourself or if the quality is really bad or you would stop hating the other person, who has that quality.

Abhinav Johnson, AEM Consultant at AstraZeneca

I am fortunate to have sir as my trainer in the most crucial stage of my Engineering. His sheer understanding of a student's pressure and correspondingly approaching with effective solutions instigated my inner beliefs with confidence. I would have been not the same as I am today, without his guidance. As a software Engineer for CSC in the past and now at Opentext Technologies, I would always be grateful for him and his teachings that paved my path towards excellence.

Aravind Jain, Sr Technical Consultant, Opentext

From Ipower I understood what I am and what I can be. Some of the exercises and activities during training program started building up my confidence. Typical questionnaires started extracting qualities of mine and with the guidance of my coach I had set my goal to become a Bank Manager. Even though I was placed in various software companies through campus placements, I stuck to my dream of joining a Bank. Due to the exercises I learned and practiced my mind became so happy and single pointed giving power to my mind to manifest any strong thought into reality. Soon I was selected by ICICI Bank. I attribute this success purely to the coaching given by Sista Murty. Subsequently in my career also I grew very quickly.

Kaunakar K, Branch Manager, ICICI Bank, AP